

1 "As long as you don't forgive, who and whatever it is will occupy a rent-free space in your mind." - Isabelle Holland -source 1

2 "Holding onto anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned." – Buddha -2

3 Any man can seek revenge; it takes a king or a prince to grant a pardon(to forgive). - Arthur J. Rehra -3

4 "Always forgive your enemies - nothing annoys them so much." -Oscar Wilde -4

5 You cannot shake hands with a clenched fist.- Indira Gandhi -5